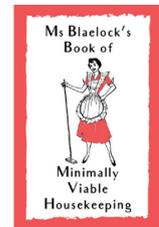


Minimally Viable Housekeeping Cheat Sheet



Do You Have To Do It All? Not With These Five Tips!

You will never have an objectively perfect house, but could you settle for one that's perfect for you? These five tips tell you how:

1. Remember it's not objective.

When we think of "clean," we think of an easily verifiable universal standard, but the meaning has moral overtones of goodness and purity that aren't relevant to home care. Clean is just the absence/removal of dirt.

2. Know WHY you're doing it?

Your and your desire for a soothing sanctuary after a busy day at work has different care requirements than someone homeschooling their kids. Knowing your WHY helps you focus your attention where it needs to be to meet your needs.

3. You don't have to do it all.

Your job is to ensure it gets done, not necessarily do it yourself. Those who share your home can and should do their bit, even if it's just making their bed, putting their dishes in the washer and dirty clothes in the hamper.

4. It doesn't really matter if it doesn't all get done.

You can skip a day or a week here and there. Sometimes, depending on the room, you can shut the door and walk away for months. Even better, you get to choose the schedule.

5. Don't fill your home up with crap you don't use.

If it's not there, you don't have to look after it, so be very careful about what you let into your home.

"You don't have to do it all, or do it perfectly," says Blaelock, "you only have to do just enough that's good enough."

For a sample chapter, and to sign up for book updates, visit <https://www.alexandriablaelock.com/book/minimally-viable-housekeeping/>

Ms Blaelock's Book of Minimally Viable Housekeeping (BlueMere Books, 2018), by Alexandria Blaelock, reveals how to get the right stuff done with the minimum of effort. It's available in

- hardback ISBN: 978-1-925749-02-1 (MSRP US\$25.95)
- paperback ISBN: 978-1-925749-01-4 (MSRP US\$15.95)
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Contact:

Anne Busby

+61 (0)3 9758 1378 (recording service)

abusby@bluemerebooks.com

<https://bluemerebooks.com>